

FORT ST. JOHN AND SURROUNDING AREA

# SERVICES AND PROGRAM INDEX

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PREVENTION  
TREATMENT  
DETOXIFICATION  
AFTERCARE



PREPARED BY URBAN MATTERS C.C.C FOR THE

**FORT ST. JOHN COMMUNITY ACTION TEAM**

# ACKNOWLEDGMENTS

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<b>Prepared For</b>	The Fort St. John Community Action Team
<b>Prepared By</b>	Urban Matters C.C.C. 10808 100th St, Fort St. John, BC V1J 3Z6 Phone: 250-785-9697
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The Community Action Team was given several lists of prevention, detoxification, treatment and aftercare services and programming that currently exist in Fort St. John and the surrounding Peace Region; these are summarized in the following pages. This pamphlet identifies the general category under which each service falls (e.g. outpatient treatment, residential treatment, withdrawal management, etc.) the name of the program, the organization that runs it, and a general description of the service. For more detailed information about any of the organizations or services, readers can reach the individual organizations using the contact information provided.

This pamphlet was prepared by Urban Matters C.C.C. for the account of the Fort St. John Community Action Team. The material reflects Urban Matters C.C.C.'s best judgment in light of the information available to it at the time of preparation. Any use which a third party makes of this report, or any reliance on or decisions to be made based on it, are the responsibility of such third parties. Urban Matters C.C.C. accepts no responsibility for damages, if any, suffered by any third party as a result of decisions made or actions based on this report.

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# HARM REDUCTION/PREVENTION SERVICES

## FORT ST. JOHN HEALTH UNIT

<b>Contact Information</b>	10115 110 Avenue, Fort St. John BC V1J 6Mg Phone: 250-263-6000 Monday-Friday 8:30am-4:30pm
<b>Age Group</b>	All Ages
<b>Admission Criteria</b>	N/A*
<b>Services</b>	<ul style="list-style-type: none"><li>• Provides Naloxone</li><li>• Provides Safe Injection Kits</li><li>• Provides Safe Inhalation Kits</li><li>• Provides Safe Sex Products</li></ul>

## FORT ST. JOHN MENTAL HEALTH AND ADDICTION SERVICES

<b>Contact Information</b>	9900 100 Ave, Fort St John, BC V1J 5S7 Phone: 250-263-6080 Monday-Friday 8:30am-4:30pm
<b>Age Group</b>	All Ages
<b>Admission Criteria</b>	N/A
<b>Services</b>	<ul style="list-style-type: none"><li>• Provides Naloxone</li><li>• Provides Safe Injection Kits</li><li>• Provides Safe Inhalation Kits</li><li>• Provides Safe Sex Products</li></ul>

## FORT ST. JOHN INTENSIVE CASE MANAGEMENT TEAM

<b>Contact Information</b>	Fort St. John Hospital - 8407 112 Ave, Fort St. John, BC V1J 2A4 Phone: 250-261-7271 Everyday 9:00am – 8:15pm
<b>Age Group</b>	Adults ages 19+
<b>Admission Criteria</b>	N/A
<b>Services</b>	<ul style="list-style-type: none"><li>• Provides Naloxone</li><li>• Provides Safe Injection Kits</li><li>• Provides Safe Inhalation Kits</li><li>• Provides Safe Sex Products</li></ul>

# HARM REDUCTION/PREVENTION SERVICES

## FORT ST. JOHN WOMEN'S RESOURCE SOCIETY

<b>Contact Information</b>	10051 100 Ave, Fort St John, BC V1J 1Y7 Phone: (250) 787-1121 Monday-Friday 8am – 4pm
<b>Age Group</b>	Adults ages 18+
<b>Admission Criteria</b>	N/A
<b>Services</b>	<ul style="list-style-type: none"> <li>• Provides Naloxone</li> <li>• Provides Safe Injection Kits</li> <li>• Provides Safe Inhalation Kits</li> <li>• Provides Safe Sex Products</li> <li>• Drug testing</li> </ul>

## AFTER HOURS ACCESS TO HARM REDUCTION KITS

<b>Fort St. John Pharmacy and Wellness Centre</b>	9730 101 Ave, Fort St John, BC V1J 2A8 Phone: 250-785-3234 Monday- Friday 8:00am – 7:00pm, Saturday 9:00am – 4:00pm
<b>Amanda's No Frills Pharmacy</b>	9831 98A Ave, Fort St. John, BC V1J 1S3 Phone: 250-785-2527 Monday - Friday 9:00 am - 6:00 pm, Saturday 9:00 am - 5:00 pm, Sunday 10:00 am - 5:00 pm
<b>Shoppers Drugmart Pharmacy</b>	10351 100 St, Fort St. John, BC V1J 3Z2 Phone: 250-785-6155 Monday - Sunday 8:00 am - 10:00 pm

\* N/A: Indicates that, at the time of data collection, no admission criteria were specified

# RESIDENTIAL TREATMENT PROGRAMS

## NORTH WIND WELLNESS CENTRE

<b>Contact Information</b>	<p>Box 2480 Station A, Dawson Creek, B.C. V1G 4T9          Telephone: (250) 843-6977          Fax: (250) 843-6978  <a href="https://northwindwellnesscentre.ca/">https://northwindwellnesscentre.ca/</a></p>
<b>Age Group</b>	<p>Adults ages 19+</p>
<b>Admission Criteria</b>	<ul style="list-style-type: none"> <li>• Applicants must be alcohol and drug free for a minimum of 14 days prior to admission (detox recommended)</li> <li>• Applicants must have a complete physical/medical exam prior to admission</li> <li>• Pre-admission medical report must include current medical documentation of a clinically diagnosed mental or physical illness that corresponds with the current prescribed medication.</li> <li>• Primarily for Aboriginal people but will accept non-Aboriginal people as well</li> </ul>
<b>Services</b>	<ul style="list-style-type: none"> <li>• 10 beds - North Wind Healing Centre implements a Bio-Psycho-Social affective-based treatment program to help participants heal from the heart.</li> <li>• 45-day, culturally based, residential treatment program for ages 19 and up</li> <li>• Treatment program consists of biopsychosocial, cultural/spiritual, trauma informed, life-skills, recreational, relapse prevention, yoga, health/risks education and 12-step recovery.</li> <li>• Spiritual support is provided through a sweat lodge, pipe and other ceremonies and openness to other spiritual belief systems. Applicants will also attend self-help groups such as AA, NA and CA</li> </ul>

# OUTPATIENT TREATMENT PROGRAMS

## ABORIGINAL FAMILY SERVICES DAWSON CREEK

<b>Contact Information</b>	1405-102 Avenue, Dawson Creek BC V1G 2C8 Phone: (250) 782-1169 Fax: (250) 782-2644
<b>Age Group</b>	N/A
<b>Admission Criteria</b>	N/A
<b>Services</b>	<ul style="list-style-type: none"> <li>• Family support</li> <li>• Drug and alcohol counselling</li> <li>• High-risk pregnancy program for substance use and substance affected women</li> </ul>

## CHETWYND MENTAL HEALTH & ADDICTIONS COMMUNITY PROGRAM

<b>Contact Information</b>	5125 – 50th Street SW (across from Post Office) Box 148 Chetwynd, BC V0C 1J0 Phone: (250) 788-7300 Fax: (250) 788-9877
<b>Age Group</b>	All Ages
<b>Admission Criteria</b>	<ul style="list-style-type: none"> <li>• Must have substance use or substance affected issues and be willing to engage in services</li> </ul>
<b>Services</b>	<p>Community programs include:</p> <ul style="list-style-type: none"> <li>• Combination of functions with inter-professional teams</li> <li>• Some specialty services: Developmental Disabilities Mental Health (DDMH), Acquired Brain Injury (ABI), etc.</li> <li>• Youth addictions counselling and referral, elderly services counselling, early psychosis, eating disorders, vocational and recreation rehabilitation available at most community programs.</li> <li>• Community programs provide assessment, treatment and referrals for adults</li> </ul> <p>Services include:</p> <ul style="list-style-type: none"> <li>• Intake, crisis response, short term counselling (individual, family, group), Longer Term Case Management, life skills support for daily living activities, medication management, psycho-educational groups, education, psychiatric consultation</li> </ul>

# OUTPATIENT TREATMENT PROGRAMS

## CHETWYND TANSI FRIENDSHIP CENTRE

<b>Contact Information</b>	5301-South Access Road PO Box 418, Chetwynd BC V0C 1J0 Phone: 250-788-2996 Fax: 250-788-2353
<b>Age Group</b>	All ages
<b>Admission Criteria</b>	N/A
<b>Services</b>	<ul style="list-style-type: none"><li>• Responds to mental health concerns, issues of anger, addictions, grief, and trauma for anyone who self-identifies as being of Aboriginal descent (First Nations, non-Status, Metis, and Inuit) and their significant others.</li><li>• Approach based upon Aboriginal culture and traditions that addresses the body, mind, spirit, and emotions</li><li>• Offers sharing and talking circles; cultural ceremonies (drumming, smudges, sweats, pipe ceremony); medicine walks; workshops on bullying, anger, grief, and listening; basic suicide intervention training and mental first aid; and peer support</li><li>• Accepts self referrals</li><li>• Serves Chetwynd and the communities of Saulteau and West Moberly First Nations.</li></ul>



# OUTPATIENT TREATMENT PROGRAMS

## DAWSON CREEK MENTAL HEALTH & ADDICTIONS COMMUNITY PROGRAM

<b>Contact Information</b>	1001 - 110th Avenue, Dawson Creek, BC V1G 4X3 Phone:(250) 719-6525 Toll free: 1-888-592-2711 Fax: (250) 719-6540
<b>Age Group</b>	All ages for Substance Use Services
<b>Admission Criteria</b>	Must have substance use or substance affected issues and be willing to engage in services.
<b>Services</b>	<p>Community programs include:</p> <ul style="list-style-type: none"> <li>• Combination of functions with inter-professional teams</li> <li>• Some specialty services: Developmental Disabilities Mental Health (DDMH), Acquired Brain Injury (ABI), etc.</li> <li>• Youth addictions counselling and referral, elderly services counselling, early psychosis, eating disorders, vocational and recreation rehabilitation available at most community programs.</li> <li>• Community programs provide assessment, treatment and referrals for adults</li> </ul> <p>Services include:</p> <ul style="list-style-type: none"> <li>• Intake, crisis response, short term counselling (individual, family, group), Longer Term Case Management, life skills support for daily living activities, medication management, psycho-educational groups, education, psychiatric consultation</li> </ul>

## FORT NELSON ABORIGINAL FRIENDSHIP SOCIETY

<b>Contact Information</b>	5012-49 Avenue, Fort Nelson, BC V0C 1R0 Phone: 250-774-2993 Fax: 250-774-2998
<b>Age Group</b>	All ages
<b>Admission Criteria</b>	Must have substance use or substance affected issues and be willing to engage in services
<b>Services</b>	<p>Offers confidential and professional counselling sessions for individuals or groups for the following:</p> <ul style="list-style-type: none"> <li>• Misuse of alcohol or drugs</li> <li>• Feelings of loneliness</li> <li>• Isolation</li> <li>• Sadness or depression</li> <li>• Anxiety</li> <li>• Any other addiction or mental health concern</li> </ul>

# OUTPATIENT TREATMENT PROGRAMS

## FORT NELSON FIRST NATION HEALTH & WELLNESS ALCOHOL AND DRUG ABUSE PROGRAM

<b>Contact Information</b>	5001 Dene Etene Road, RR1 Mile 295 Alaska Highway Fort Nelson, BC V0C 1R0 Phone: 250-774-2300 Fax: 250-774-7989
<b>Age Group</b>	All ages
<b>Admission Criteria</b>	N/A
<b>Services</b>	<ul style="list-style-type: none"> <li>• Offers a community based approach to those individuals or families that are seeking to maintain or contain a healthy lifestyle</li> <li>• Provides mental health crisis management, assessment, counselling a referrals for treatment, follow up and after care</li> <li>• Has a specific solvent abuse program</li> </ul>

## FORT NELSON MENTAL HEALTH & ADDICTION SERVICES INTERPROFESSIONAL TEAM (IPT)

<b>Contact Information</b>	Fort Nelson Health Unit - 5217 Airport Drive, Fort Nelson, BC V0C 1R0 Phone: 250-774-7092 Fax: 250-774-7096
<b>Age Group</b>	All ages
<b>Admission Criteria</b>	Must have substance use or substance affected issues and be willing to engage in services.
<b>Services</b>	<p>Community programs include:</p> <ul style="list-style-type: none"> <li>• Combination of functions with inter-professional teams</li> <li>• Some specialty services: Developmental Disabilities Mental Health (DDMH), Acquired Brain Injury (ABI), etc.</li> <li>• Youth addictions counselling and referral, elderly services counselling, early psychosis, eating disorders, vocational and recreation rehabilitation available at most community programs.</li> <li>• Community programs provide assessment, treatment and referrals for adults</li> </ul> <p>Services include:</p> <ul style="list-style-type: none"> <li>• Intake, crisis response, short term counselling (individual, family, group), Longer Term Case Management, life skills support for daily living activities, medication management, psycho-educational groups, education, psychiatric consultation</li> </ul>

# OUTPATIENT TREATMENT PROGRAMS

## FORT ST JOHN FRIENDSHIP SOCIETY

<b>Contact Information</b>	10208-95 Avenue, Fort St John, BC V1J 1J2 Phone: 250-785-3411
<b>Age Group</b>	All ages
<b>Admission Criteria</b>	N/A
<b>Services</b>	<ul style="list-style-type: none"> <li>• Provides assessments, one-on-one counselling and referral services to individual, families or groups who are concerned about the effects of alcohol and/or drugs on their lives</li> <li>• Provides supportive counselling and education to individuals considered at risk for developing substance abuse problems.</li> <li>• Provides presentations and workshops on alcohol and drug related issues to schools and agencies and other interested groups</li> <li>• Provides outreach to First Nations communities one day per week</li> </ul>

## FORT ST JOHN MENTAL HEALTH & ADDICTION SERVICES

<b>Contact Information</b>	#300-9900-100 Avenue, Fort St John, BC, V1J 5S7 Phone: 250-263-6080 Fax: 250-263-6012
<b>Age Group</b>	All ages for Substance Use Services
<b>Admission Criteria</b>	Must have substance use or substance affected issues and be willing to engage in services
<b>Services</b>	<p>Community programs include:</p> <ul style="list-style-type: none"> <li>• Combination of functions with inter-professional teams</li> <li>• Some specialty services: Developmental Disabilities Mental Health (DDMH), Acquired Brain Injury (ABI), etc.</li> <li>• Youth addictions counselling and referral, elderly services counselling, early psychosis, eating disorders, vocational and recreation rehabilitation available at most community programs.</li> <li>• Community programs provide assessment, treatment and referrals for adults</li> </ul> <p>Services include:</p> <ul style="list-style-type: none"> <li>• Intake, crisis response, short term counselling (individual, family, group), Longer Term Case Management, life skills support for daily living activities, medication management, psycho-educational groups, education, psychiatric consultation</li> </ul>

# OUTPATIENT TREATMENT PROGRAMS

## TUMBLER RIDGE MENTAL HEALTH & ADDICTIONS COMMUNITY PROGRAM

<b>Contact Information</b>	220 Front Street , Box 1205, Tumbler Ridge, BC V0C 2W0 Phone: (250) 242-5505 Fax: (250) 242-3595
<b>Age Group</b>	All ages
<b>Admission Criteria</b>	Must have substance use or substance affected issues and be willing to engage in services
<b>Services</b>	<p>Community programs include:</p> <ul style="list-style-type: none"><li>• Combination of functions with inter-professional teams</li><li>• Some specialty services: Developmental Disabilities Mental Health (DDMH), Acquired Brain Injury (ABI), etc.</li><li>• Youth addictions counselling and referral, elderly services counselling, early psychosis, eating disorders, vocational and recreation rehabilitation available at most community programs.</li><li>• Community programs provide assessment, treatment and referrals for adults</li></ul> <p>Services include:</p> <ul style="list-style-type: none"><li>• Intake, crisis response, short term counselling (individual, family, group), Longer Term Case Management, life skills support for daily living activities, medication management, psycho-educational groups, education, psychiatric consultation</li></ul>

# DAY TREATMENT PROGRAMS

## FORT ST JOHN DAY TREATMENT PROGRAM FORT ST JOHN MENTAL HEALTH & ADDICTION SERVICES

<b>Contact Information</b>	#300-9900-100 Avenue, Fort St John, BC V1J 5S7 Phone: 250-263-6080 Fax: 250-263-6012
<b>Age Group</b>	Adults Age 19+
<b>Admission Criteria</b>	<ul style="list-style-type: none"> <li>• Clients must be willing to engage in services and able to participate</li> <li>• Must be free of acute mental health issues such as acute suicidal ideation, acute psychosis, or GAF rating below 30</li> <li>• High-risk, pregnant females are viewed as enrollment priority</li> <li>• Clients must be attached to a case manager willing to complete the referral application and provide individual sessions as required (for MHAS staff, the core assessment must be completed as part of the individual sessions)</li> <li>• Clients must be screened for appropriateness at intake and/or prior to referral using the referral application</li> </ul>
<b>Services</b>	<ul style="list-style-type: none"> <li>• Adult Addiction Day Treatment program provides a client centered approach to wellness.</li> <li>• Program focuses on assisting individuals to achieve greater responsibility for their individual recovery, provides access to resources for on-going support and uses the harm reduction model to promote quality health and well-being</li> <li>• Provides a continuous intake</li> <li>• Staffed with nurses and clinicians</li> <li>• Provides programs for clients with addictions or concurrent issues in a group module format</li> <li>• Recreational/leisure support</li> <li>• Nutrition education</li> <li>• Does not provide individual case management</li> <li>• Works in collaboration with community partners: MHAS Case Managers, Native Friendship Centres, Needle Exchange Programs, and Community Supportive Recovery beds etc.</li> <li>• General Practitioners provide some client support (sessional time)</li> <li>• No psychiatry services are available for this program at this time</li> </ul>

# WITHDRAWAL MANAGEMENT PROGRAMS

## FORT NELSON GENERAL HOSPITAL

<b>Contact Information</b>	5315 Liard Street, Fort Nelson, BC V0C 1R0 Phone: (250) 774-8100 Fax: (250) 774-8110
<b>Age Group</b>	Adults 19+
<b>Admission Criteria</b>	N/A
<b>Services</b>	<ul style="list-style-type: none"> <li>• Two allocated beds for substance use withdrawal that are augmented with MHA clinical services</li> <li>• Support for hospital withdrawal and community follow-up services will be done by a MHA clinician/nurse who is part of an InterProfessional Team (IPT)</li> <li>• MHA clinician/nurse attends the hospital each day to see patients who might have mental health or substance use issues, completes an assessment, and provides inpatient treatment suggestions, by taking part in "huddles" and discharge planning to ensure withdrawal services are provided in the hospital, and appropriate services and community supports are in place when the patient is discharged</li> </ul>

## NECHAKO YOUTH TREATMENT PROGRAM

<b>Contact Information</b>	1308 Alward Street, Prince George, BC V2M 7B1 Phone: 250-565-2881 Fax: 250-565-2883
<b>Age Group</b>	Youth
<b>Admission Criteria</b>	N/A
<b>Services</b>	<ul style="list-style-type: none"> <li>• One acute bed for medical detoxification that can be utilized on short notice if it is available.</li> </ul>

# WITHDRAWAL MANAGEMENT PROGRAMS

## PRINCE GEORGE ADULT WITHDRAWAL MANAGEMENT UNIT

<b>Contact Information</b>	1308 Alward Street, Prince George, BC V2M 7B1 Phone: 250-565-2175 Fax: 250-565-2883
<b>Age Group</b>	Adults Age 19+
<b>Admission Criteria</b>	N/A
<b>Services</b>	<ul style="list-style-type: none"> <li>• Provides substance misuse management for adults through medical detox, integrated case management, family and community care management, education, recreational activities, and individual, family, and group support.</li> </ul> <p>Details:</p> <ul style="list-style-type: none"> <li>• Regional program</li> <li>• 14 bed unit with 6 dedicated beds for acute, 6 non acute beds and 2 transition beds</li> <li>• Program service is for detoxification, assessment and recommendation for follow-up case management or treatment in community services</li> <li>• Referrals are accepted from many different sources such as, NH Mental Health &amp; Addiction programs across the region physicians, community agencies, emergency department, community programs, self referrals, RCMP etc.</li> <li>• Waitlist management of beds</li> <li>• Step down program allows for assessment of readiness for services through group model work</li> <li>• Collaboration of services with community partners for treatment planning beyond detoxification, referred to community supportive recovery beds or Addictions Day Treatment Program</li> <li>• Supported by General Practitioners through sessions and an interprofessional team.</li> </ul>

# INTENSIVE CASE MANAGEMENT

## FORT ST JOHN ICMT OUTREACH SERVICES

<b>Contact Information</b>	#172 – 8407-112 Avenue, Fort St John, BC V1J 0J5 Phone: 250-261-7271 Fax: 250-261-7526
<b>Age Group</b>	Adults 19+
<b>Admission Criteria</b>	<ul style="list-style-type: none"> <li>• Target population for ICMT is adults 19 years of age or older with problematic substance use or chronic dependence with or without mental illness, concurrent disorders (substance use and mental illness) or co-existing functional impairment.</li> <li>• Individuals will be facing complex challenges related to health, housing (e.g., being homeless or unstably housed), poverty, and face barriers in accessing existing health or social service. Some may be involved with the criminal justice system and in need of additional services. They require more intensive services than are available in the traditional mental health and substance use system of care.</li> </ul>
<b>Services</b>	<ul style="list-style-type: none"> <li>• Overall purpose of the Intensive Case Management Team (ICMT) is to improve health care and outcomes for individuals and families who are impacted by problematic substance use or addiction with or without mental illness, and are experiencing functional challenges related to community living, including housing and income, through the provision of intensive community- based outreach services.</li> </ul> <p>ICM Team provides transitional assistance with:</p> <ul style="list-style-type: none"> <li>• Establish linkage and access to Primary Care</li> <li>• Daily activities</li> <li>• Physical Health</li> <li>• Family life</li> <li>• Employment</li> <li>• Housing assistance</li> <li>• Advocacy</li> <li>• Financial support</li> <li>• Harm Reduction Support and</li> <li>• Treatment Centre Options</li> <li>• Continuity of Care</li> <li>• Education</li> <li>• Liaising with community resources for Food Security Options, harm reduction supplies, etc.</li> </ul>



# INTENSIVE CASE MANAGEMENT

## DAWSON CREEK ICMT OUTREACH SERVICES

<b>Contact Information</b>	1001-100th Avenue, Dawson Creek, BC V1G 4X3 Phone: 250-719-6525
<b>Age Group</b>	Adults 19+
<b>Admission Criteria</b>	<ul style="list-style-type: none"> <li>• Target population for ICMT is adults 19 years of age or older with problematic substance use or chronic dependence with or without mental illness, concurrent disorders (substance use and mental illness) or co-existing functional impairment.</li> <li>• Individuals will be facing complex challenges related to health, housing (e.g., being homeless or unstably housed), poverty, and face barriers in accessing existing health or social service. Some may be involved with the criminal justice system and in need of additional services. They require more intensive services than are available in the traditional mental health and substance use system of care.</li> </ul>
<b>Services</b>	<ul style="list-style-type: none"> <li>• Overall purpose of the Intensive Case Management Team (ICMT) is to improve health care and outcomes for individuals and families who are impacted by problematic substance use or addiction with or without mental illness, and are experiencing functional challenges related to community living, including housing and income, through the provision of intensive community- based outreach services.</li> </ul> <p>ICM Team provides transitional assistance with:</p> <ul style="list-style-type: none"> <li>• Establish linkage and access to Primary Care</li> <li>• Daily activities</li> <li>• Physical Health</li> <li>• Family life</li> <li>• Employment</li> <li>• Housing assistance</li> <li>• Advocacy</li> <li>• Financial support</li> <li>• Harm Reduction Support and</li> <li>• Treatment Centre Options</li> <li>• Continuity of Care</li> <li>• Education</li> <li>• Liaising with community resources for Food Security Options, harm reduction supplies, etc.</li> </ul>

# SUBSTANCE AFFECTED SERVICES

## FORT NELSON MENTAL HEALTH & ADDICTION SERVICES INTERPROFESSIONAL TEAM (IPT)

<b>Contact Information</b>	Fort Nelson Health Unit, 5217 Airport Drive, Fort Nelson, BC V0C 1R0 Phone: 250-774-7092 Fax: 250-774-7096
<b>Age Group</b>	All Ages
<b>Admission Criteria</b>	Must be affected by someone else's substance use (parent, adult youth children, spouse, etc)
<b>Services</b>	<ul style="list-style-type: none"><li>The Mental Health &amp; Addiction community programs do not offer specific substance affected programming but will support those who are affected by someone else's substance use</li></ul>

## FORT ST JOHN MENTAL HEALTH & ADDICTION SERVICES

<b>Contact Information</b>	#300-9900-100 Avenue, Fort St John BC V1J 5S7 Phone: 250-263-6080 Fax: 250-263-6012
<b>Age Group</b>	All Ages
<b>Admission Criteria</b>	Must be affected by someone else's substance use (parent, adult youth children, spouse, etc)
<b>Services</b>	<ul style="list-style-type: none"><li>The Mental Health &amp; Addiction community programs do not offer specific substance affected programming but will support those who are affected by someone else's substance use</li></ul>

# FIRST NATIONS MOBILE SUPPORT

## FORT ST JOHN FIRST NATIONS MOBILE SUPPORT TEAM

<b>Contact Information</b>	Fort St John Hospital & Peace Villa Facility 8407-112 Avenue, Fort St John BC V1J 0J5 Phone: 250-261-7271 Fax: 250-261-7526
<b>Age Group</b>	Adults 19+
<b>Admission Criteria</b>	Services target the health and well-being of individual First Nation community members and their families and will be available within First Nations communities.
<b>Services</b>	<p>The First Nations Mobile Support Team members have specialized training in mental health and substance use disorders and they provide a continuum of services such as:</p> <ul style="list-style-type: none"> <li>• Suicide and mental illness prevention and intervention strategies</li> <li>• Prevention and promotion activities (e.g. community education events)</li> <li>• Intervention activities (e.g. risk assessments, mental health &amp; addictions assessments, case management and care planning for individuals in their communities)</li> <li>• Consultation for urban Aboriginal populations on cultural interventions</li> <li>• Act as supportive connections for communities and staff with Integrated Primary Care Homes and services.</li> <li>• Crisis response when communities are impacted by critical events and require services and support exceeding existing capacities</li> <li>• Regular, pre-scheduled visits (e.g. one day per week in individual communities).</li> <li>• Assist and support with accessing resources through existing services, including in-hospital capacity building around service provision and discharge plans.</li> </ul> <p>The First Nations Mobile Support Team collaborates with individual First Nation communities to improve and refine culturally responsive care and services for communities and individuals and support community-driven Nation-based local health planning.</p>

# SUPPORTIVE RECOVERY SERVICES

## FORT ST JOHN SUPPORTIVE RECOVERY BEDS

<b>Contact Information</b>	Northern Centre of Hope – Salvation Army 9824 99th Avenue Fort St John, BC Phone: 250-785-0372 Fax: 250-785-0646
<b>Age Group</b>	Adults 19+
<b>Admission Criteria</b>	<ul style="list-style-type: none"> <li>• Clients must be actively and willingly engaged in services with a case manager</li> <li>• Must be TB tested negative</li> <li>• Must be in the actions stage in the stages of change and must not have a safe, substance-free living situation to support recovery. Those who meet the financial requirements may be subsidized for a bed</li> </ul>
<b>Services</b>	<ul style="list-style-type: none"> <li>• There are 4 supportive recovery beds contracted to deliver low to moderate support in a safe, structured living arrangement, free of alcohol and illicit drugs, in which the client resides during their recovery</li> <li>• Provides services for clients who have completed primary withdrawal management and who may be waiting to enter or are participating in a therapeutic program outside of supportive recovery such as the day program, or those in the process of reintegrating back into the community</li> <li>• May also be used during times of crisis when there is a high risk of relapse.</li> <li>• Supportive Recovery Services do not provide intensive residential treatment.</li> <li>• Supportive recovery is responsible to provide support and safety through a model of peer/lay support and structured activities including activities of daily living.</li> </ul>

# OPIATE AGONIST THERAPY

## CHETWYND MENTAL HEALTH & ADDICTIONS COMMUNITY PROGRAM

<b>Contact Information</b>	5125 – 50th Street SW (across from Post Office), Box 148 Chetwynd, BC V0C 1J0 Phone: (250) 788-7300 Fax: (250) 788-9877
<b>Age Group</b>	Adults 19+
<b>Admission Criteria</b>	<ul style="list-style-type: none"> <li>• Opioid dependent</li> <li>• Wanting to reduce harm or drug use</li> </ul>
<b>Services</b>	<ul style="list-style-type: none"> <li>• Provides opiate agonist therapy services to individuals with drug dependency within a primary health care environment</li> </ul>

## DAWSON CREEK OPIOID AGONIST THERAPY PROGRAM

<b>Contact Information</b>	Dawson Creek Health Unit 1001 110th Street, Dawson Creek, BC V1G 4X3 Phone : (250) 719 6525 Fax: (250) 719-6540
<b>Age Group</b>	Adults 19+
<b>Admission Criteria</b>	<ul style="list-style-type: none"> <li>• Opioid dependent</li> <li>• Wanting to reduce harm or drug use</li> </ul>
<b>Services</b>	<ul style="list-style-type: none"> <li>• Provides opiate agonist therapy services to individuals with drug dependency within a primary health care environment</li> </ul>

## FORT ST JOHN MENTAL HEALTH & ADDICTION SERVICES

<b>Contact Information</b>	Dawson Creek Health Unit 1001 110th Street, Dawson Creek, BC V1G 4X3 Phone : (250) 719 6525 Fax: (250) 719-6540
<b>Age Group</b>	Adults 19+
<b>Admission Criteria</b>	<ul style="list-style-type: none"> <li>• Opioid dependent</li> <li>• Wanting to reduce harm or drug use</li> </ul>
<b>Services</b>	<ul style="list-style-type: none"> <li>• Provides opioid substitution (methadone/suboxone) methadone treatment services to individuals with drug dependency</li> <li>• Offers individual counselling, education, support, and methadone treatment interdisciplinary case management</li> </ul>

# OTHER: NON-PROFIT CHRISTIAN ORGANIZATIONS

## A NEW DAY IN THE PEACE MINISTRIES

<b>Contact Information</b>	RR #1, Site 5, Comp 22, Station Main Fort St. John BC V1J 4M6 Phone: 250-785-1008 Email: info @newdayministries.ca Website: www.newdayministries.ca
<b>Age Group</b>	Women 19+
<b>Admission Criteria</b>	None mandatory, although often they will receive referrals from doctors of the Salvation Army
<b>Services</b>	<ul style="list-style-type: none"> <li>• Residential/after care for adult women dealing with addictions</li> <li>• Core program is a curriculum of bible-based teachings.</li> <li>• The team who works with the residents are counsellors with their masters degrees, prayer ministers, and experienced mental health workers.</li> <li>• Focus is on dealing with the root causes of addiction and the overarching goal of the program is to see people find lifelong freedom from addiction</li> <li>• The facility is in a country setting and elements of working on a farm are integrated into the daily program. Residents are encouraged to commit to 12 months of training and living at the centre</li> </ul>

# 12 STEP PROGRAMS

COMMUNITY	AGE GROUP	MEETINGS PER WEEK
<b>Charlie Lake Alcoholics Anonymous</b>	Adults	1
<b>Chetwynd Alcoholics Anonymous</b>	Adults	2
<b>Dawson Creek Alcoholics Anonymous</b>	Adults	5
<b>Dawson Creek Cocaine Anonymous</b>	Adults	2
<b>Dawson Creek Narcotics Anonymous</b>	Adults	1
<b>Fort Nelson Alcoholics Anonymous</b>	Adults	2
<b>Fort Nelson Narcotics Anonymous</b>	Adults	1
<b>Fort St. John Alcoholics Anonymous</b>	Adults	7
<b>Fort St. John Alcoholics Anonymous Family Group</b>	Family members impacted by another's substance use	1
<b>Fort St. John Narcotics Anonymous</b>	Adults	3
<b>Tumbler Ridge Alcoholics Anonymous</b>	Adults	1

# ADDITIONAL SERVICES AND RESOURCES

## ABORIGINAL PATIENT LIAISONS

<b>North Peace (Fort St. John and Fort Nelson)</b>	Fort St. John Hospital 8407 112 Ave, Fort St. John, BC V1J 0J5 Phone: 250-261-7418
<b>South Peace</b>	Chetwynd Primary Care Clinic 5125 – 50th Street SW (across from Post Office) Box 148 Chetwynd, BC V0C 1J0 Phone: 250-788-7202
<b>Dawson Creek</b>	Dawson Creek Health Clinic 11100 13 Street, Dawson Creek, BC V1G 3W8 Phone: 250-782-6190

## ONLINE RESOURCES

<b>BC CENTRE FOR DISEASE CONTROL (BCCDC)</b>	<a href="http://www.bccdc.ca/our-services/programs/overdose-response">http://www.bccdc.ca/our-services/programs/overdose-response</a>
<b>TOWARD THE HEART</b>	<a href="https://towardtheheart.com">https://towardtheheart.com</a>
<b>HEALTHY FSJ</b>	<a href="http://www.healthyfsj.ca/">http://www.healthyfsj.ca/</a>
<b>FIRST NATIONS HEALTH AUTHORITY (FNHA)</b>	<a href="https://www.fnha.ca/">https://www.fnha.ca/</a>
<b>NORTHERN HEALTH AUTHORITY (NHA)</b>	<a href="https://www.northernhealth.ca/health-topics/overdose-prevention">https://www.northernhealth.ca/health-topics/overdose-prevention</a>



